



THE SERPENT WHEEL

Process · Exchange · Expectations



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BEFORE WE BEGIN

This document sets out what the Serpent Wheel is, how it unfolds, what is asked of the student at each stage, and what the exchange is for each stage of the journey.

It is not a contract.

It is not a programme outline.

It is a map of a living process - one that moves at it's own pace, not the pace of a course.

Read it slowly.

If something in you recognises what is described here, that recognition is the beginning.

WHAT THIS IS

The Serpent Wheel is a continental African initiatory medicine wheel.

It has been developed and walked physically across four directions, four countries, four encounters with the land itself.

It does not offer healing. It offers initiation.

These are not the same thing.

Healing suggests something is broken. Initiation suggests something is ready. You are ready, or you are becoming ready, for the next layer of what you already are.

The Serpent Wheel is not another thing to try.

It is something you walk through. Something that asks everything of you, in the particular direction your life is already pointing.

Something that does not end when the session ends — because it is not a session. It is a threshold.

HOW THE JOURNEY UNFOLDS

The Serpent Wheel moves through four stages.
The student commits one stage at a time.
There is no upfront payment for the full journey.
The exchange lands exactly where the work lands.

The wheel does not run on your schedule.
It runs on the schedule of what your life is actually asking.
Each stage opens when it opens and not before.

Stage One ~ The Threshold

A meeting and an alignment.
You and the wheel, in the presence of the Wheel Holder, discovering whether this path is yours to walk and whether this is the moment to begin.

This is not an assessment. It is not a consultation. It is a meeting between you and the work, held through tuning forks, conversation, and the quality of what is present in the room.

Not everyone who arrives at the Threshold is ready. Not because they are lacking, but because readiness has its own timing. The wheel will tell us both.

If the Threshold opens to you, you will know.

It is not a subtle thing.

Stage Two ~ Foundation

After the Threshold, the student enters the Foundation period. This is where the psychic temple is built, through daily practice, daily offerings, and the gradual building of relationship with Hekate and the local spirits of the land where you live.

The Mesa cloth is acquired.

The introductory ceremony is learned and aspects of it are practiced at specific times, some daily.

The student begins to build genuine relationship with the guardians, not through instruction alone, but through consistent, unhurried, repetitive showing up.

This is not preparation for the real work.

It IS the real work.

The Foundation period has no fixed duration. It ends when the Direction threshold condition arrives naturally, in the student's life, on its own terms.

For example, the threshold condition of the South is the genuine, embodied arrival at:

I have tried everything and I am still not free.

The Wheel Holder maintains the Foundation period with light-touch oversight.

The student works largely independently.

There are no weekly sessions.

There is availability, and when the Wheel Holder senses something significant is moving, there will be contact.

The student does not decide when the Foundation is complete.

The wheel does, in conversation with the Wheel Holder.

Stage Three ~ The Directions

The South is often, although not exclusively, the first direction entered. After the South, the wheel calls the order of the remaining directions. The student does not choose the sequence, the sequence reveals itself through what the student's life is asking.

Each direction is entered through a one-to-one intensive with the Wheel Holder one to three days of deep ceremonial work, held when the Wheel Holder has assessed that the threshold condition for that direction has genuinely been met.

The student does not book a direction when they feel ready. They bring what is arising in their life to the Wheel Holder, and the Wheel Holder discerns whether the threshold condition is genuinely present.

This distinction matters enormously.

*"I think I am ready" and "I am ready" are completely different things.
The work requires the second.*

The Wheel Holder holds the discernment.

Between directions, the student continues daily Foundation practice. Each new direction brings new practices.

The Wheel Holder holds the field available, attentive, but not in regular scheduled contact.

The relationship is that of lineage holder to student, not therapist to client.

Each direction adds something to the Mesa. Each direction asks something different of the body, the history, and the capacity to be present with what cannot be bypassed.

Stage Four ~ The Centre

Lake Victoria.

The source of the Nile.

The equatorial still point.

The void around which everything turns.

The Centre is only accessible when all four directions have been genuinely walked.

You cannot go to the centre first.

This is not a rule.

It is simply how it works.

It is not completion.

It is transmission.

Simply being what you are, having walked the whole wheel.

THE EXCHANGE

Exchange matters in this lineage.

Not as transaction, but as commitment.

The exchange is the first place the student practices showing up for themselves in relation to the work.

It must have genuine weight.

The following exchange structure reflects the actual nature of what is delivered at each stage, high-intensity, rare, and irreversible in the best possible sense.

The Threshold

£250

A one-time exchange for the meeting itself.

Whether or not the student then proceeds to the Foundation, an alignment takes place, which is powerful in and of itself.

Foundation

£750

A one-time investment covering the full Foundation period, however long it takes.

The student carries the daily practice.

The Wheel Holder holds the field, available as needed via email, replies maximum once per week, not on a schedule.

Each Direction

£1,750 per direction

Paid when the Wheel Holder has confirmed the threshold condition is genuinely met and the direction is ready to be walked.

Covers the full intensive of one to three days of one-to-one ceremonial work, the full directional protocol, mesa consecration, and integration support.

Four directions across the full journey are paid as each direction is entered on its own timeline, it could take 1 year (unlikely) it could take several.

The Centre

£200

A nominal ritual exchange rather than a fee. The student who reaches the Centre has already invested enormously to arrive here.

The exchange marks the completion as significant without placing a commercial value on what cannot be commercially valued.

Total investment for a complete journey: £8,200 spread across several years, never demanded in advance.

WHAT IS EXPECTED OF THE STUDENT

The Serpent Wheel asks a great deal.

The following is not a list of rules, instead it is a description of what genuine engagement actually looks like.

This is not the full protocol, that is only given when the threshold for each direction is passed and the student has received its initiation.

Daily Practice

During Foundation, the student commits to daily practice, the introductory ceremony, the offerings, the HEKA HEKATE mantra. Not when convenient.

Daily.

The capacity to show up in small ways, without drama, without peak experience, this is what the entire wheel is built on.

Twenty years of quiet practice is worth more than one extraordinary ceremony.

Honesty

The work requires honesty, with the Wheel Holder and with yourself.

Not performance.

Not spiritual persona.

The work sees through both immediately.

What is asked is the willingness to name, without editing, what is actually present.

Patience

The wheel moves at its pace.

There is no rushing a threshold condition that has not yet arrived.

There is no booking a direction before the Wheel Holder has confirmed it is ready.

Impatience with the timing is itself information and worth bringing to the work rather than acting on.

Sovereignty

Authority always remains with the student.

Nothing is forced.

Nothing is taken.

The Wheel Holder holds the container, guards the threshold, the student walks through it.

If at any point the student feels the work is asking something that violates their integrity, that is to be named immediately.

Confidentiality

What arises in the work stays in the work.

Anything the student brings is held in the direction's container as a covenant between the student, the Wheel Holder, it's guardians and Hekate herself.

This is absolute.

The student does not share the ceremonial content, the protocols, or the specifics of their directional work with others outside the lineage.

Permission to share and or teach, is through its own initiation.

This is not secrecy for its own sake; it is protection of the container that makes the work possible.

WHAT THE STUDENT CAN EXPECT OF THE WHEEL HOLDER

The Wheel Holder holds the lineage, the temple, and the container of the work.

The student can expect:

Genuine discernment is not solely about when the Wheel Holder thinks the student should be ready, but about what the wheel is actually showing.

The Wheel Holder will not rush a student through a direction and will not withhold one when it is genuinely time.

Availability is not scheduled, but real and timely.

Sometimes a response is needed, sometimes no response is what is needed.

The Wheel Holder is present with the student's process and will make contact when something significant is moving, whether the student has initiated it or not.

Honesty, including the honesty to name when the student is not yet at a threshold, when the work requires something more, or when what is being brought is spiritual performance rather than genuine encounter.

The Wheel Holder will not fix, rescue, or bypass what the work is asking the student to face.

The quality of witness, staying present without flinching, is the medicine.

That steadiness is what the Wheel Holder brings above all else.

*If something in you has been reading this as recognition
rather than information*

you are already at the Threshold.

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